

Outdoor Wisconsin Leadership School (OWLS)

Clothing List

What to bring:

The OWLS program places an emphasis on conducting its education programs out-of-doors whenever possible. The educational philosophy is that the use of outdoor settings creates valuable learning opportunities and unique challenges that spark personal and group growth. Therefore, there are times when programming will be conducted in rain, snow, heat or other similar conditions. It is important to the success of your program that all group members are prepared for whatever weather conditions might confront them.

All clothing should be comfortable and suitable for outdoor use. Bring multiple layers of clothing so that you can adjust your clothing throughout your stay. The following suggestions will be of use in your preparations.

Spring & Fall

Warm hat (wool, pile or other synthetic)
Mittens or gloves
Long underwear (synthetic materials - not cotton)
Long pants
Shorts
Warm socks (wool or synthetic - not cotton)
Lightweight socks (cotton)
Boots (waterproof or treated hiking or work boots)
Tennis shoes or *lightweight* hiking boots
T-shirts and long sleeved shirts
Warm sweater (wool, pile or other synthetic - not cotton)
Jacket or nylon shell parka
Rain gear (top and bottom)
Bug repellent (20-30% concentration of DEET), sunscreen, sunglasses, lightweight hat
Bathing suit, beach towel and water shoes (Lake Geneva has Zebra mussels)
Small backpack
Water bottle
Toiletries (Shampoo, Soap, Toothpaste, etc...)

Summer

Shorts
Bathing suit, beach towel and water shoes (Lake Geneva has Zebra mussels)
T-shirts
Long pants
Long-sleeved shirts
Two pairs of tennis shoes or lightweight outdoor shoes (one pair that can get wet and/or dirty)
Warm sweater, sweat shirt or lightweight jacket
Socks
Rain gear
Bug repellent (20-30% concentration of DEET), sunscreen, sun glasses, and lightweight hat
Small backpack to carry your things
Water bottle
Toiletries (Shampoo, Soap, Toothpaste)

Winter

Warm hat (wool, pile or other synthetic)

One pair of warm mittens and one pair of light weight liner gloves

Scarf

Long underwear tops and bottoms (polypropylene is good - not cotton)

Warm sweaters or shirts (wool, pile or other synthetic - not cotton)

Heavy parka or warm vest (pile, fiberfill, or down) with a nylon shell parka to go over it

Wool or pile pants with nylon wind pants to go over them or insulated ski pants

Insulated, waterproof boots (snowmobile or Sorrel type)

Hand and foot warmer packets

Rain gear (top and bottom)

Lip balm, sunscreen & sunglasses

Comfortable indoor pants, shirts & shoes

Small backpack to carry your things

Water bottle

Toiletries (Shampoo, Soap, Toothpaste)

What not to bring:

- Please do not bring good clothing that you would not want to get wet and/or dirty.
- While participating in the OWLS program, you will be asked to remove all jewelry including watches, necklaces, earrings and rings. We recommend that you just leave all jewelry at home!
- We recommend that you leave valuables at home. Most accommodations on campus are in shared bath housing which **cannot** be locked.
- Food is not to be brought into your housing. Group leaders can order snacks through our kitchen.
- Closed toe shoes (not sport sandals, flip flops) must be worn during all program activities. If wearing sandals during travel, etc. also bring other shoes to wear during program activities.
- No electronics (iPods/MP3s etc.)